

BACHATA INTENSIVE COURSE

with José & Lucy



ABOUT US?

We are Latin Dance Teachers living in Barcelona.
We offer dance classes in Bachata & Salsa and
we specialise in teaching Bachata Sensual



José

Hello! I am Ecuadorian, raised in Barcelona. I am a photographer and videographer by profession. I've been dancing my whole life, but a year ago I started this project with my partner and it's been growing ever since. My philosophy within bachata is to enjoy dancing, always with respect and with a smile on my face. Dance moves the world and creates incredible connections between couples and friends. I encourage you to try it!

Lucy

Hi! I am British but raised in Málaga. I'm an early childhood educator and 4 years ago I moved to Barcelona. I have also been dancing all my life but I found something very special in bachata, that happiness hormone, I've found it to be the best therapy in the world. In the past year, with this project, with we have been able to create spectacular bonds through dance and help many to go beyond their comfort zone and discover a new talent. It can be very rewarding and during these two weeks, I would love to help you to achieve the same results.

THE
BENEFITS
OF DANCE



Reduces stress,
improves mood
and
self-esteem

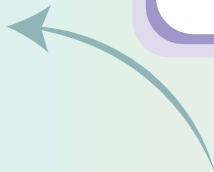
Helps strengthen
bones, muscles
and
the heart

It creates
serotonin,
The hormone
of happiness!

It helps us
disconnect
from our daily
routine

Creates
positivity
and social
connections

Fun
Guaranteed



HISTORY OF BACHATA (Brief Summary)

Bachata started in the Dominican Republic in the early 1960s. Influenced by rhythms such as Bolero, Cuban son or Mexican and Puerto Rican trios, it was generally accompanied by nostalgic lyrics that spoke of the love and heartbreak of its protagonists.

BACHATA SENSUAL

It began in Cádiz more than 15 years ago, founded and developed by Korke and Judit who decided to interpret Bachata music with a unique and sensual style.

Bachata Sensual interprets the instruments with longer movements, greater body expression, without disregarding the origins and preserving the essence of traditional bachata.



WHAT DO WE OFFER IN OUR INTENSIVE COURSE?

WEEK 1

We will start from scratch. It doesn't matter if you have danced before or not, since we will first work to establish a good foundation in rhythm, steps and musicality.

We will work both individually and as a couple. From here, we will introduce various steps (figuras), ensuring that by the end of the week, you will be able to dance an entire bachata song as a couple, enjoying it fully together, with confidence, fluidity and a beautiful dance aesthetic.

WEEK 2

We are sure you will want to continue into the second week, having now discovered a different and exciting world and we encourage you to continue, where we will take your base to the next level, introducing more techniques and more figuras so you won't want to leave the the dance floor! Imagine being able to dance at home with your partner as much as you want, being rich in bachata, or imagine going out with your friends and feeling comfortable with the way you dance. Imagine going to a friend's wedding and being able to show off your new found talent.

"I WOULD LOVE TO SIGN UP BUT
I HAVE TWO LEFT FEET"

IT'S NOT TRUE

Where there's a will, there's a way! Let's not let our heads take precedence over our desire to improve ourselves, to leave our comfort zone and make our way into a new world that we've been thinking about for some time.

We will help you achieve your goal and we are sure you will not look back.



‘I WOULD LIKE TO SIGN UP BUT
I CAN’T CONVINCING MY PARTNER’

NO PROBLEM

As we mentioned before, it's a good way to socialize and make friends too. During the classes, all couples will rotate, this is beneficial since we learn to trust other people, to work on our insecurities, to learn from others, to help and let them help us, to create new bonds.

Plus, it can be good to have separate hobbies, and who knows? maybe your partner will see how happy it makes you feel and will decide to try it too?



SCHEDULES

Classes are for 1 hour
Daily - Monday to Friday
from 8 to 9pm
Sol Andalusi Resort.



- Week One -
1st to 5th of July

- Week Two -
8th to 12th of July

PRICES

For singles the price is
€60 for the first week or €100 for two weeks
If you come as a couple, the price will be €100 for the first
week (this being €50 per person) or
€180 for two weeks (this being €90 per person).

THAT'S ONLY €10-12€ A CLASS

'COUPLE' means coming as 'leader and follower'.
Generally the man is the leader and the woman is the
follower, you can tell a friend to join you and that way
receive the discount.

However, the roles can also be rotated, so boys as well as
girls could also sign up together, as long as one always
adopts the role of LEADER and the other the role of
FOLLOWER, so that we are never uneven in class.

EXTRAS

As we will be in Málaga for these two weeks, we aim to make the most of the available time, so we have also decided to offer the following additional services to anyone who may be interested.

CHILDREN'S WORKSHOPS

0-3 YEARS OLD

3-6 YEARS OLD

SPECIAL SALSA WORKSHOPS

DATES AND TIMES
ACCORDING TO DEMAND
QUESTIONS AND
SUGGESTIONS:

LUCY: 633 158 153

PHOTOGRAPHY SESSIONS

INDIVIDUAL, COUPLES, GROUPS
(EXTERIOR AND/OR STUDY)

ALSO SPECIAL EVENTS
BIRTHDAYS, BAPTISMS,
HOLY COMMUNIONS, ETC.

MORE INFORMATION

JOSÉ: 650 170 045

CHECK OUT MY PORTFOLIO:



@j.escudero.photo



www.josescudero.photo.com

FOLLOW US!



Following us helps us to spread the word and grow our audience. To explain more about what we do, our services and to keep you updated with new content, so you will never miss out!

THANK
YOU! 😊



@joseylucybachata_